# Dr. Quynn W. Morehouse, C. Psych.

### **EDUCATION**

## 9/05-08/10 PSYD, CLINICAL PSYCHOLOGY

Keene, NH

Antioch University New England

American Psychological Association- accredited program

Dissertation- What Constitutes Risky Sex among College Students?

## 9/05-7/08 MS, CLINICAL PSYCHOLOGY

Keene, NH

Antioch University New England

American Psychological Association- accredited program

## 9/00-5/04 **BScH, Psychology**

Wolfville, NS

Acadia University

Thesis- What Sexual Motives are related to Various Kinds of Risky Sexual Behaviours: A look at Sexual Behaviour among Acadia University Students

#### CLINICAL EXPERIENCE

# 9/11-7/15 COUNSELLOR (FULL-TIME PERMANENT)

Oakville, ON

Counselling, Health, and Accessible Learning Services Sheridan College

Therapeutic counselling to a diverse student population who present with a wide range of personal and mental health issues. Mental health accommodations for students registered with Accessible Learning Services.

Assessment and treatment planning, crisis assessment and intervention, safety planning, outreach, and workshops to students, faculty, and staff.

Consultation to faculty, staff, Health Services, Accessible Learning Services, as well as the Student at-Risk Intervention Team (SARIT). Collaboration and coordination with external agencies and health professionals to help ensure optimal care.

Lead researcher on quality assurance and outcome research project for Campus Counselling Services. Research examined how counselling helps students in various areas of their lives. It also helped Campus Counselling Services improve their services and explore barriers to seeking services.

# 5/11-10/12 **PSYCHOLOGIST**

Toronto, ON

Main Street Psychological Centre

Individual therapy and assessment with adolescents and adults with various clinical presentations. Workshops in the area of sport and performance psychology. Psycho-educational and personality assessments.

## 1/11-09/11 **COUNSELLOR**

Scarborough, ON

Centre for Students with Disabilities

Centennial College

Counselled diverse college students, with a focus working with students with identified or suspected disabilities, including but not limited to the following: learning disabilities, developmental disabilities, physical disabilities, and mental health disorders/disabilities. Assisted with classroom accommodations and self-advocacy. Involved in consultation with faculty and college around disability and mental health issues, as well as crisis assessment and intervention.

### 9/09-09/10 Pre-Doctoral Intern

St. John's, NL

University Counselling Centre

Memorial University of Newfoundland

(Canadian Psychological Association accredited internship)

Provided individual and group psychotherapy, as well as career and academic counselling to both undergraduate and graduate students from diverse backgrounds. Involved in outreach and consultation, supervision of masters level interns, crisis assessment and intervention, research, and psycheducational, diagnostic, and vocational assessments. Trained and supervised family practice medical residents. Participated in multi-disciplinary team meetings within student affairs which included individuals from the Counselling Centre, Health Centre, Psychiatry, and the Centre for Students with Disabilities.

## 8/08-5/09 CLINICAL INTERN

Saratoga Springs, NY

Counseling Center Skidmore College

Provided individual psychotherapy to students at the college. Involved in outreach activities, including residence life training, and sport psychology consultations to Skidmore's hockey team.

#### 8/07-5/08 CLINICAL INTERN

Worcester, MA

Counseling Center

College of the Holy Cross

Provided individual psychotherapy to undergraduate students at the college. Involved in outreach activities and participated in weekly trainings, case conferences, and supervision, as well as bi-weekly staff meetings.

## 7/06-7/07 CLINICAL INTERN

Keene, NH

Antioch Psychological Services Center

Provided individual psychotherapy to a wide range of clients across the developmental lifespan. Co-facilitated an all girls group at an alternative high school. Administered, scored, interpreted, and wrote comprehensive assessment reports. Tests included, but not limited to the following: WAIS-III, WIAT-II, WJ-III (Achievement and Cognitive), NEO Personality Inventory-Revised, Personality Assessment Inventory, Rey-Osterrieth Complex Figure Test, Bender

Gestalt, Rorschach Inkblot Test, Brown Attention-Deficit Disorder Scales, and Conners Continuous Performance Test

## **SUPERVISION EXPERIENCE**

#### 1/10- 09/10 INTERPERSONAL PROCESS RECALL CO-FACILITATOR

St. John's, NL

University Counselling Centre

Memorial University of Newfoundland

Co-facilitator of Interpersonal Process Recall (IPR) Seminar. This seminar met one morning a week for 3 hours. The participants in this seminar were first-year family practice medical residents. The focus was on developing and refining counselling skills in a variety of areas, such as stress management, working with gay and lesbian clients, interpersonal process recall (IPR), motivational interviewing, cognitive behavioural therapy, and solution-focused therapy. Responsible for reviewing the resident's patient tapes and providing therapeutically appropriate feedback and evaluations.

#### 9/09-12/09 PRIMARY SUPERVISOR

St. John's, NL

University Counselling Centre

Memorial University of Newfoundland

Primary supervisor of a master's level practicum student in Counselling Psychology. Provided two-hours of face-to-face supervision weekly. Participated in weekly supervision of supervision.

## RESEARCH EXPERIENCE

Morehouse, Q. (2014). Evaluation of Campus Counselling Services.

- Provincially funded grant recipient from Ontario College Counsellors (OCC)
- Research examined how counselling at Sheridan College helps students in various areas of their lives. It also helped Campus Counselling Services improve their services and explore barriers to seeking services.
- Morehouse, Q. (2010). What Constitutes Risky Sex among College Students? Unpublished doctoral dissertation, Antioch University New England, Keene, NH.
- Morehouse, Q. (2004). What sexual motives are related to various kinds of risky sexual behaviours: A look at sexual behaviour among Acadia University students. Unpublished manuscript undergraduate thesis, Acadia University, Wolfville, Nova Scotia, Canada.

#### PROFESSIONAL MEMBERSHIPS

MAINE BOARD OF EXAMINERS OF PSYCHOLOGISTS (REGISTRATION NO. 1451)

NATIONAL REGISTER OF HEALTH H SERVICE PSYCHOLOGISTS (REGISTRATION NO. 54606)

#### ADDITIONAL PROFESSIONAL TRAINING

- Kuo, Janice (2013, October). Dialectical Behaviour Therapy for Borderline Personality Disorder: Theoretical Underpinnings and Basic Application. Ryerson University, Toronto, ON.
  - 12 hours
- Antony, Martin (2013, May). Understanding and Treating Obsessive-Compulsive Disorder and Perfectionism. Ryerson University, Toronto, ON.
  - 12 hours
- Mental Health Commission of Canada (2013, March). Mental Health First Aid. Oakville, ON.
  - 12 hours
- Antony, Martin (2012, November). Cognitive Behavioural Treatment of Health Anxiety and Panic Disorder. Leading Edge Seminars Inc. Toronto, ON.
  - 12 hours
- Grant, Darrell (2012, October). Assisting Young Adults Through the Process of Smoking Cessation. A Leave The Pack Behind Professional Development Workshop. Oakville, ON.
- Living Works (2012, May). Applied Suicide Intervention Skills Training. Oakville, ON.
  - 15 hours
- Hays, K. (2009, October to 2010, June). Sport Psychology Tele-Consultation Group. St. John's,
  - 1.5 hour monthly telephone consultations.
- Bogle, K. A. & Dodall, G. (2008, May). The Campus "Hook-up" Culture: Sex, Alcohol, and the Campus Environment. Audio Conference, Worcester, MA.
- Walsh, B. W. (2007, December). New Developments in Understanding and Treating Self-Injurious Behaviour. Worcester, MA.
- American Association of Sex Educators, Counselors, and Therapists. (2006, July). Intensive Training for Sexologists Summer Institute. Richmond, VA.
  - 40 hours of training in the area of human sexuality.
- American Association of Sex Educators, Counselors, and Therapists. (2004, September). Sexual Attitudes Reassessment (SAR), Montreal, QC.
  - Three-day intensive training in the area of sexuality. Completed the attitudes/values training for certification as a sex educator, counselor, or therapist required by AASECT.